

Singing with wineglasses. Water-tuned glasses in Ēriks Ešenvalds´ choral music

JOZEF HORVÁT



Summary

The choral music of Ēriks Ešenvalds represents a significant part of the composer's work. However, in addition to the vocal element, they often contain other instruments – whether as an accompaniment or a solo instrument. A specific group of Ešenvalds' compositions are those in which a nontraditional instrument is added to the choir – water-tuned glasses. The article examines the instrumental part of the glasses and the non-musical context that anticipates the formation of the Stars, which is one of the composer's most famous work.



Ēriks Ešenvalds is the author of approximately 220 works,² which include instrumental, choral, vocal-instrumental music, electronic music, and multimedia symphonies with video projection. Given the fact that the composer graduated in composition from the Jāzeps Vītols Latvian Academy of Music in 2004, relatively recently, this number is admirable.³ Compositions for choir (whether male, female or mixed; a cappella, accompanied or using solo instruments) represent more than half of the composer's work.⁴ Even though Ešenvalds does not like if his work is reduced in any way, and he is titled

as a "choir composer," the fact remains that it was the choir music that made him famous and ensured his international popularity. If we want to characterize Ešenvalds' compositional style at least briefly, we could say that he is a versatile composer, mastering a wide range of compositional techniques. His choral compositions are mostly built on a tonal basis with a clear harmonic structure, but he often uses extended chords, extended tonality, and segments of pandiatonicism.6 For Ešenvalds, the harmonic component of music is essential. The composer himself admitted that his composing starts with harmony. If his compositions are for a mixed choir, he is not satisfied with a traditional four-part setting, there must be at least six voices.7 The eight-voice setting with double voices (SSAATTBB) most often appears in his choral works.

Ešenvalds' relationship to choral singing is influenced by the cultural background of his home country (Latvia is a country with a strong choral tradition),⁸ but also his own empirical experience. From 2002 to 2011, he sang as a tenor in the professional State Choir Latvija.⁹ In his choral compositions, he sets to music texts of both sacral and secu-

lar origin. He composes for professional and amateur choirs, which shows his ability to adapt to the possibilities of a specific group of singers. 10

Water-tuned glasses in Ešenvalds' works

I would like to focus my paper on choral compositions, in which the composer also added a not quite traditional instrument – water-tuned glasses. Although it is not a new-discovered invention, it is an interesting phenomenon in the choral work of Ēriks Ešenvalds, which gives a specific colour to his compositions.

We already know the playing on *musical glasses* from medieval China and Persia. From there, this instrument spread to Europe and later, thanks to the inventions of Richard Pockrich (*angelic organ* or *glass harp*) and Benjamin Franklin (*glass harmonica*), has been improved in the 18thcentury.¹¹

In his compositions, Ešenvalds uses separate glasses tuned only in a few selected tones. For the first time he used them in his work *Stars* (2011). In this composition, he set to music a poem by an American poet Sara Teasdale (b. 1884–1933), which speaks about the astonishment of observing the starry sky. The composition, commissioned by Salt Lake Choral Artists with conductor Brady Allred, became one of his most famous and most frequently performed, ¹² probably also thanks to the use of this non-traditional non-vocal element.

Ešenvalds himself said in several places that the idea of using a glass filled with water in a composition came to his mind while washing the dishes: "I remember being out in the country in my native town in Latvia to celebrate Christmas with my parents. After dinner, I went out to have a silent walk in cold winter night. I was impressed by the view in the sky – the stars were so bright and spoke to me in a special way. I couldn't name it, but I did catch the feeling of an added dimension. Later, while washing dishes I kept thinking about that feeling. I decided to try to play a wet wine glass, filled with some water (in the sink). That

was it! The sound was almost equal to the feeling grasped from the sky! I called my wife and oldest daughter to play their wine glasses tuned to different pitches than mine. After hearing our glass trio I knew that the new piece for Brady's choir would have water-tuned glasses and that the song would be about the stars."13

The composer also offers instructions on tuning and playing the glasses in the introductory note on the first page of the score: "Choose resonant glasses and use as little water as possible to produce the required pitch – the less water, the more resonant the sound. The glasses are played with a wet fingertip. Each singer plays one glass, and the pitches of each glass chord should be divided equally between the players."14 Thus, chorists also become instrumentalists with the difficult task of adding correctly timed tones of glasses to the singing. At the end of the score, Ešenvalds also recommends the choirmaster: "Where can you find glasses? The best option is to ask your singers to check their kitchen at home. Thin wine glasses, or other glasses, filled with water will produce the right sound. Don't buy all the glasses from the same store as they might make the same sound; different glasses will have a different tone. You need six different pitches for this piece. If, for example, your choir consists of 30 singers. then for a good balance between the voices and glasses I would suggest 24 glasses (4 glasses per pitch)."15

Stars became a phenomenon and a kind of shortcut to Ešenvalds' music. In the following years, the composer used water-tuned glasses also in other compositions (in chronological order): Seneca's Zodiac (2011), Northern Lights (2012), The New Moon (2012), Aqua (2013), Earth Teach Me Quiet (2013), Trees (2013), Sonnet 71 (2014), O Magnum Mysterium (2015), Wandering Heart (2015), Translation (2016), Tonight (2020) and the latest Winter Stars (2020).

When we take a closer look at the instrumental part of the water-tuned glasses,







we notice the individual differences across mentioned compositions. In some, the glasses appear from beginning to end constantly (e. g. Stars, Trees) or in a significant part of the piece (Tonight, Winter Stars). In others, they alternate with a "pure" choir (Northern Lights, Earth Teach Me Quiet) or join only in a contrasting part (The New Moon) or in the final coda (Translation). The instrumental part of the glasses contains solely tones and chords in long rhythmic values (see Fig. 1). From the construction point of view, chords from simple double voices or triads to more complex extended chords are heard among works (Fig. 2). The biggest chord we have found so far in the scores of the mentioned compositions is the seven-toned chord in the work *Tonight* (Fig. 3).

Conclusion

In my paper, I introduced water-tuned glasses used in the choral music of contemporary composer Ēriks Ešenvalds. Although the very idea of playing glasses filled with water is not new, in the composer's works it represents a specific group of compositions with a unique sound colour. In addition, the way in which Ešenvalds rediscovered this musical instrument for his own music is unique. This is evidenced by statements of the composer himself, linked to the genesis of the work *Stars*, which has become one of his most popular.

Notes

- 1 Eriks Ešenvalds. Recordings. [online]. [cit. 05.10.2021]. Available on https://www.eriksesenvalds.com/recordings.
- 2 Update current to April 20, 2021. See ref. 4.
- 3 For more information about biography and discography see HORVÁT, J. Eriks Ešenvalds súčasný hudobný skladateľ. In *Ars et educatio VII. zborník konferenčných príspevkov doktorandov.* Ružomberok: Verbum, 2021. (in the press).
- 4 According to list of compositions created by the author from available electronic sources (https://www.eriksesenvalds.com/works; https://www.musicabaltica.com/en/composers-and-authors/eriks-esenvalds/works; https://www.lmic.lv/en/composers/eriks-esenvalds-2524#work).
- WORDSWORTH, D. (ed.) *Giving Voice to my Music. Choral Composers in Conversation.* London: Kahn & Averill, 2021. ISBN 978-0-9957574-5-5, p. 42.
- 6 CALLAGHAN, P. J. The Imitation of Roman Catholic and Byzantine Chant in Ériks Ešenvalds's Passion and Resurrection. [Doctor of Musical Arts Project]. Lexington: University of Kentucky, 2015. Available on https://uknowledge.uky.edu/music_etds/46, p. 28; SADIE, S. (ed.) The New Grove Dictionary of Music and Musicians. Vol. 19. Oxford University Press, 2001. ISBN 978-0-19-517067-2, p. 29.
- 7 WORDSWORTH, D. (ed.) Giving Voice to my Music, p. 44.
- 8 CALLAGHAN, P. J. The Imitation of Roman Catholic and Byzantine Chant in Ēriks Ešenvalds's Passion and Resurrection, p. 3.
- 9 See ref. 3.
- 10 JACKSON, G. CD booklet. In Northern Lights & other choral works. Hyperion Records, 2015, p. 4.
- 11 BOONE, Ch. GALLOWAY, M. RUIZ, M. J. Fun with singing wine glasses. In *Physics Education*, 2018, No. 53. DOI: 10.1088/1361-6552/aaae89, p. 2.
- On the *Spotify* streaming service, the *Stars* performed by various choirs reached more than 3 million hearings. Update current to October 10, 2021. Available on https://open.spotify.com/.
- 13 EŠENVALDS, Ē. Notes on the works by Eriks Ešenvalds. In *There Will Come Soft Rains*. CD booklet. Signum Records, 2020, p. 7.
- 14 EŠENVALDS, Ē. Stars. Riga: Musica Baltica, 2012. MB 1264. ISMN 979-0-69795-163-1, p. 3.
- 15 EŠENVALDS, Ē. Stars, p. 8.

Pictures

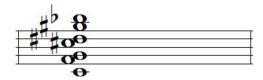
Fig. 1 Instrumental part of water-tuned glasses from the work *Stars* (b. 1–4) © Musica Baltica, 2012. Used with permission.



Fig. 2 Instrumental part of water-tuned glasses from the work *Northern Lights* (b. 67–69) © Musica Baltica, 2012. Used with permission.



Fig. 3 Instrumental part of water-tuned glasses from the work *Tonight* (b. 34) © Musica Baltica, 2020. Used with permission.



Literature

- 1. BOONE, Ch. GALLOWAY, M. RUIZ, M. J. Fun with singing wine glasses. In *Physics Education*. 2018, No. 53. 13 pp. DOI: 10.1088/1361-6552/aaae89.
- CALLAGHAN, P. J. The Imitation of Roman Catholic and Byzantine Chant in Ēriks Ešenvalds's Passion and Resurrection. [Doctor of Musical Arts Project]. Lexington: University of Kentucky, 2015. 131 pp. Available on https://uknowledge.uky.edu/musicetds/46.
- 3. *Eriks Ešenvalds. Recordings*. [online]. [cit. 05.10.2021]. Available on https://www.eriksesenvalds.com/recordings>.
- 4. EŠENVALDS, Ē. Notes on the works by Eriks Ešenvalds. In *There Will Come Soft Rains*. CD booklet. Signum Records, 2020. pp. 3–8.
- 5. EŠENVALDS, Ē. *Northern Lights*. Riga: Musica Baltica, 2012. 14 pp. MB 1366. ISMN 979-0-69795-298-0.
- EŠENVALDS, Ē. Stars. Riga: Musica Baltica, 2012. 8 pp. MB 1264. ISMN 979-0-69795-163-1.
- 7. EŠENVALDS, Ē. *Tonight*. [online]. Riga: Musica Baltica, 2020. MB 2793. Available on https://www.musicabaltica.com/files/2021/3/1/MusicaBaltica_sample_file_mb2793_esenvalds_tonight_7o.pdf.

cantus choralis

- 8. HORVÁT, J. Eriks Ešenvalds súčasný hudobný skladateľ. In *Ars et educatio VII zborník príspevkov doktorandov z webovej konferencie Ars et educatio 2020.* Ružomberok: Verbum, 2021. (in the press).
- 9. JACKSON, G. CD booklet. In *Northern Lights & other choral works*. Hyperion Records, 2015. pp. 4–7.
- 10. SADIE, S. (ed.) *The New Grove Dictionary of Music and Musicians*. Vol. 19. Second edition. Oxford University Press, 2001. 942 pp. ISBN 978-0-19-517067-2.
- 11. WORDSWORTH, D. (ed.) *Giving Voice to my Music. Choral Composers in Conversation*. London: Kahn & Averill, 2021. 315 pp. ISBN 978-0-9957574-5-5.

Resumé

Sborová hudba Ērikse Ešenvaldse představuje významnou část skladatelova díla. Kromě vokálního elementu však často obsahuje i jiné nástroje – ať už ve funkci doprovodu nebo sólového nástroje. Specifickou skupinou Ešenvaldsových kompozic jsou ty, ve kterých se ke sboristům přidává netradiční nástroj – vodou laděné poháry. Příspěvek zkoumá instrumentální part pohárů i mimohudební kontext, který předcházel vzniku skladby *Stars*, která patří ke skladatelovým nejznámějším.

Klíčové slova: Ešenvalds, Stars, poháry, sbor, skladatel. **Keywords:** Ešenvalds, Stars, glasses, choir, composer.

Mgr. Jozef Horvát is a doctoral student at the Department of Music, Faculty of Education of the Catholic university in Ružomberok, Slovakia. In his dissertation he focuses on a choral music of the contemporary composer Ēriks Ešenvalds. In addition, he composes himself (especially liturgical songs), he works as a church organist in Ružomberok and is engaged in journalism and literary criticism.

e-mail: horvatjozo@gmail.com

Thesis supervisor: prof. ThDr. Lic. Rastislav Adamko, PhD.